

Borne to Make a Difference, LLC

INFORMED CONSENT FOR TELEPSYCHOLOGY SERVICES

Prior to starting video-conferencing services, we discussed and agreed to the following:

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telepsychology services, and nobody will record the session without the permission from the others person(s).
- We agree to use a video-conferencing platform selected for our virtual sessions.
- You need to use a computer with a webcam or a smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele- appointment, you must notify the psychologist at least 24 hours in advance by phone or will be charged a \$40 no show fee.
- We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- We need a safety plan that includes at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
- You should confirm with your insurance company that the video sessions will be reimbursed; if they are not reimbursed, you are responsible for full payment.
- As your psychologist, I may determine that due to certain circumstances, telepsychology is no longer appropriate and that you may require in-person sessions with another mental health professional. All efforts will be made to provide appropriate referrals.

Dr. Meghan Borne / Signature: _____

Patient Name: _____

Patient Signature: _____

Date: _____